

CLUB	ADDRESS	START TIME	INSTRUCTOR	CONTACT
<b>Aylesbury Area</b>				
<b>Turnfurlong</b> <a href="#">Map</a>   <a href="#">Info</a>	Turnfurlong Infants School, Turnfurlong Lane, Aylesbury, Buckinghamshire HP21 7PL	Tuesday, 6:30pm	Sensei Phil Culley	(07738) 556233
<b>Bedgrove</b> <a href="#">Map</a>   <a href="#">Info</a>	Bedgrove Junior School, Ingram Avenue, Aylesbury, Buckinghamshire HP21 9DJ	Wednesday, 6:30pm	Sensei Phil Culley	(07738) 556233
<b>Bedford Area</b>				
<b>Brickhill</b> <a href="#">Map</a>   <a href="#">Info</a>	Brickhill Lower School, Dove Road, Brickhill, Bedford. MK41 7AA	Monday, 6:30pm	Sensei Danielle Noble	(07733)222495
<b>Kempston</b> <a href="#">Map</a>   <a href="#">Info</a>	Springfield Lower School, Orchard Street, Kempston, Bedfordshire. MK42 7LJ	Wednesday, 6:30pm	Sensei Roy Richards	(07733) 222495
<b>Leighton Buzzard &amp; Dunstable Area</b>				
<b>Dunstable</b> <a href="#">Map</a>   <a href="#">Info</a>	Icknield School, Burr Street, Dunstable, LU6 3AG	Wednesday, 5:30pm	Sensei Gareth Richards	(07734) 227705
<b>Leighton Buzzard</b> <a href="#">Map</a>   <a href="#">Info</a>	Leedon Lower School, Highfield Road, Leighton Buzzard, Bedfordshire, LU7 3LZ	Saturday, 10:00am	Sensei Roy Richards	(07733) 222495
<b>Linslade</b> <a href="#">Map</a>   <a href="#">Info</a>	Linslade Lower School, Leopold Road, Linslade, Leighton Buzzard, Bedfordshire, LU7 2QU	Thursday, 6:30pm	Sensei Phil Culley	(07738) 556233
<b>Milton Keynes Area</b>				
<b>Christ-The-Sower</b> <a href="#">Map</a>   <a href="#">Info</a>	Christ-The-Sower School, Singleton Drive, Grange Farm, Milton Keynes, MK8 0PZ	Monday, 6:30pm	Sensei Roy Richards	(07733) 222495
<b>Heronsgate</b> <a href="#">Map</a>   <a href="#">Info</a>	Heronsgate Combined Middle School, Walnut Tree, Lichfield Downs, Wavendon, Milton Keynes, MK7 7BW	Thursday, 6:30pm	Sensei Roy Richards	(07733) 222495
<b>Loughton</b> <a href="#">Map</a>   <a href="#">Info</a>	Loughton Middle School, Bradwell Rd, Loughton, Milton Keynes, Buckinghamshire MK5 8DN	Saturday, 12:30am	Sensei Gareth Richards & Sensei Phil Culley	(07734) 227705, (07738) 556233
<b>Middleton</b> <a href="#">Map</a>   <a href="#">Info</a>	Middleton Primary School, Noon Layer Drive, Middleton, Milton Keynes, MK10 9EN	Monday, 6:30pm	Sensei Roy Richards	(07733) 222495

<b>Woughton</b> <a href="#">Map</a>   <a href="#">Info</a>	Woughto Leisure Center Rainbow Drive, Chaffron way Leadon Hall Milton Keynes MK6 5EJ	Tuesday, 7.00pm	Sensei Gareth Richards	(07734) 227705
<b>Shenley Lodge</b> <a href="#">Map</a>   <a href="#">Info</a>	Caroline Haslett Combined School, 1 Faraday Drive, Shenley Lodge, Milton Keynes, MK5 7DF	Tuesday, 6:30pm	Sensei Roy Richards	(07733) 222495
<b>Stanton</b> <a href="#">Map</a>   <a href="#">Info</a>	Stanton Middle School, Fairfax, Bradville ( <i>off Saxon Street</i> ), Milton Keynes, MK13 7BE	Thursday, 6:30pm	Sensei Gareth Richards	(07734) 227705
<b>Woburn Sands</b> <a href="#">Map</a>   <a href="#">Info</a>	Swallowfield Lower School, Weathercock Close, Woburn Sands, Milton Keynes, MK17 8SL	Monday 6:00pm	Sensei Gareth Richards	(07734) 227705
<b>Woughton</b> <a href="#">Map</a>   <a href="#">Info</a>	Woughton Leisure Centre, Rainbow Drive, Chaffron Way, Leadon Hall, Milton Keynes MK6 5EJ	Friday, 6:30pm	Sensei Roy Richards	(07733) 222495
<b>Northampton Area</b>				
<b>Kingsthorpe</b> <a href="#">Map</a>   <a href="#">Info</a>	Kingsthorpe Grove Primary School, Kingsthorpe Grove, Northampton NN2 6NS	Monday, 6:30pm	Sensei Andy Wightman	(07804) 884024
<b>Wootton</b> <a href="#">Map</a>   <a href="#">Info</a>	Wootton Primary School, High Street, Wootton, Northampton, NN4 6LW	Tuesday, 6:30pm	Sensei Andy Wightman	(07804) 884024
<b>Avon Dojo</b> <a href="#">Map</a>   <a href="#">Info</a>	Wootton Memorial Hall, High Street, Wootton, Northampton, NN4 6LW	Sunday, 09:30am	Sensei Andy Wightman	(07804) 884024